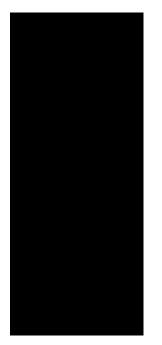
Easy way to shred chicken Posted At : November 26, 2016 3:03 PM | Posted By : Jason

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Here is a very easy way to shred chicken. This method works great if you first cook the meat in the crockpot first as it makes shredding in general easier. https://youtu.be/Bs99ZsUS8es



In a mixing bowl, us a handheld mixer to shred the chicken.