

## I Had to Say it podcast - Toxic Masculinity Mk2

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This is another podcast from one of the many podcasts that I like to listen to. This one is from the I Had to Say It podcast.

### Toxic Masculinity Mk2

Contrary to popular opinion being masculine is not a bad thing. Masculinity is not a toxic, if you do it right. It is necessary. It being forced out of daily life is one of the reasons things have gotten so messed up lately. It's absence is also how you get the ultra alpha wanna be morons spewing garbage, attempting to define themselves as real men. Maybe they don't know any better, maybe they are trying to fill the void, or MAYBE they are just trying to seize an opportunity because they know they wouldn't be able to cut it otherwise. And I also talk about a few things I think have contributed to this situation. As usual it's our faults for letting it come to this, and it is our responsibility to do something about it.

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