

# Gluten Free, Keto Friendly Fake Hashbrown Casserole

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2lbs cauliflower cut up like hashbrowns

1/2 cup butter

1/2 cup chopped onion

1/4 tsp **black pepper**

1 pint of sour cream (16 ounces) - Daisy Sour Cream is Gluten Free

16 oz grated sharp cheddar

1/2 cup of bacon bits

1-3 Tbsp low carb chicken base (you can also make your own by reducing chicken stock down into a soup like consistency, to about 1/2 a cup) **how to make your own chicken broth**

Directions:

Preheat oven to 350

Mix all ingredients together in a **mixing bowl** (save 1/2 cup of cheese)

and pour in a **9x13 pan**

top with 1/2 cup of reserved cheddar cheese

bake for 45-60 minutes

I will be posting pictures and or videos on this later.