I Had to Say it podcast - Old, infirm, Sick, Fat, Horrible

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This is another podcast from one of the many podcasts that I like to listen to. This one is from the I Had to Say It podcast.

Old, infirm, Sick, Fat, Horrible

SO there was a lot going on this week, and as usual I have thoughts. Geriatrics are in the news again, COVID blow back is hitting home, and some thoughts on "Body positivity". Also the three year episode is right around the corner, Still time to call in and leave the show a message. Also still looking for people to join the new panel show concept. Reach out to me

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