

The Jason Stapleton Program - Stop Freaking Out: The World Isn't Ending & You're Not Dying

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This is another podcast from one of the many podcasts that I like to listen to. This one is from the Jason Stapleton Program, definately worth a listen!

Stop Freaking Out: The World Isn't Ending & You're Not Dying

""If it bleeds, it leads" continues to be the rule of the day. The media continues bombarding us with negativity and hysteria round the clock. They have to do whatever they can, because their business model depends upon clicks and views. Drama sells. And now they have an even more captive audience. So they'll keep cranking it out. But this obsession with every bad thing that happens is literally poisoning our minds. So today we want to focus on all the opportunities and potential that the future holds. Now is the perfect time to start creating a better world for yourself and everyone around you."

<http://www.jasonstapleton.com>